

#### Integrative Health Center located in Rockville, MD

Personalized medical care incorporating the best of traditional and complementary methods is available at Today's Integrative Health in Rockville, Maryland.

#### Today's Integrative Health - Today's Integrative Health

Dr L.J. Leo DO, DC and Dr Julie Rosenberg DC provide comprehensive medical and chiropractic care to residents in Rockville and Bethesda, Maryland and Washington, D.C.



# **OUR SERVICES**

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#### Active Release Technique

EFFECTIVE SOFT-TISSUE TREATMENT  $\rightarrow$ 



#### **Functional Medicine**

IMPROVE WHOLE-BODY WELLNESS  $\rightarrow$ 



#### **Bio-Identical Hormone Replacement**

HORMONE REPLACEMENT THERAPY  $\rightarrow$ 

# Homeopathy A NATURAL OPTION TO CONSIDER →

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#### Chiropractic Care

RELIEVE YOUR PAIN TODAY  $\rightarrow$ 

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#### Herbal Medicine

NATURAL HERBS AND PLANTS FOR HEALING AND WELLNESS  $\rightarrow$ 

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### Integrative Cancer Treatment

HELP AFTER A CANCER DIAGNOSIS  $\rightarrow$ 

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#### Integrative Health Care

IMPROVE YOUR HEALTH NATURALLY  $\rightarrow$ 

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#### Internal / General Medicine

UNDERSTANDING YOUR HEALTH ISSUES  $\rightarrow$ 

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### IV Therapy

INFUSION OF ESSENTIAL VITAMINS  $\rightarrow$ 

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### Meridian Therapy

RESTORE YOUR BODY TO ITS OPTIMAL NATURAL BALANCE  $\rightarrow$ 

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### Ozone Therapy

MEDICAL GRADE OZONE  $\rightarrow$ 



### Personalized Medicine

YOUR SPECIFIC HEALTH ISSUES AND CONCERNS  $\rightarrow$ 



# Weight Loss

ELIMINATING YOUR CONFUSION AND FRUSTRATION  $\rightarrow$ 

# Chronic Inflammatory Response Syndrome (CIRS)

AN INTEGRATIVE APPROACH TO REMOVE UNWANTED TOXINS  $\rightarrow$ 

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### Telehealth / Telemedicine

DESIGNED TO SOLVE YOUR MOST PRESSING HEALTH PROBLEM  $\rightarrow$ 

Internal Medicine, Chiropractic, Meridian Therapy, Homeopathy, Hormone Today's Integrative Health - Today's Integrative Health

# Replacement, Weight Loss

# CALL 1-301-770-6650 TODAY!

MAKE AN INQUIRY

#### **OUR PROVIDERS**

Personalized medical care incorporating the best of traditional and complementary methods is available at Today's Integrative Health in Rockville, Maryland. Dr L.J. Leo DO, DC and Dr Julie Rosenberg DC provide comprehensive medical and chiropractic care to residents in Rockville and Bethesda, Maryland and Washington, D.C.



#### L. J. Leo

DO, DC, MS, MBA, FAARM, FICT, FAAO, FACACN, ABAARM, IFMCP, DHERB

#### Doctor of Osteopathic Medicine located in Rockville, MD

Dr. Leo began his education at the Virginia College of Osteopathic Medicine in Blacksburg, Virginia, where he earned his doctorate in osteopathy. He completed his internal medicine residency through the U.S. Army and had the honor of serving multiple overseas tours before retirement.

Learn More



Julie Rosenberg dc, dacnb

#### Doctor of Chiropractic located in Rockville, MD

Julie Rosenberg, DC is an experienced, dedicated chiropractor in Rockville, Maryland. As a leader in chiropractic care and complementary medicine at Today's Integrative Health, Dr. Rosenberg strives to provide personalized care that meets your needs and helps you live life to the fullest.

Learn More

# NEW PRODUCTS

SHOW MORE



MDPA Eye and Vision Support (60 Capsules) \$46.00 – available on subscription



MDPA Liver Support (120 Capsules)

\$38.00-available on subscription





MDPA Bone (240 Cap: \$45.00 – available



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Today's Integrative Health - Today's Integrative Health



# How to Boost Immunity and Protect Your Gut Health This Winter with a Functional Medicine Approach

Functional Medicine • November 21, 2024

The cold winter months make our bodies more likely to catch seasonal illnesses. Most people...



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# OUR BESTSELLERS



### 10 Winter Superfoods to Immunity and Warm Yc

Functional Medicine, Personalized № • November 16, 2024

Many people wonder if there's a natura and boost our...

LEARN MORE





MDPA NAC – 500 mg (100 Capsules) \$28.00 \$21.00 – available on subscription





MDPA Omega Plus (180 Capsules) \$50.00 – available on subscription





MDPA Glucos (90 Caps \$55.00 – available





Integrative Health Care With A Focus On The Entire Patient located in Rockville, MD

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Patient Support

info@todaysintegrativehealth.com Email Support

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6321 Executive Blvd., Rockville, Maryland 20852 Get Directions

#### Latest News

10 Winter Superfoods to Naturally Boost Immunity and Warm Your Body November 16, 2024

How to Manage Seasonal Affective Disorder Treatment Naturally with Functional Medicine November 8, 2024

You can also find us on GAB and Public Square.

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