



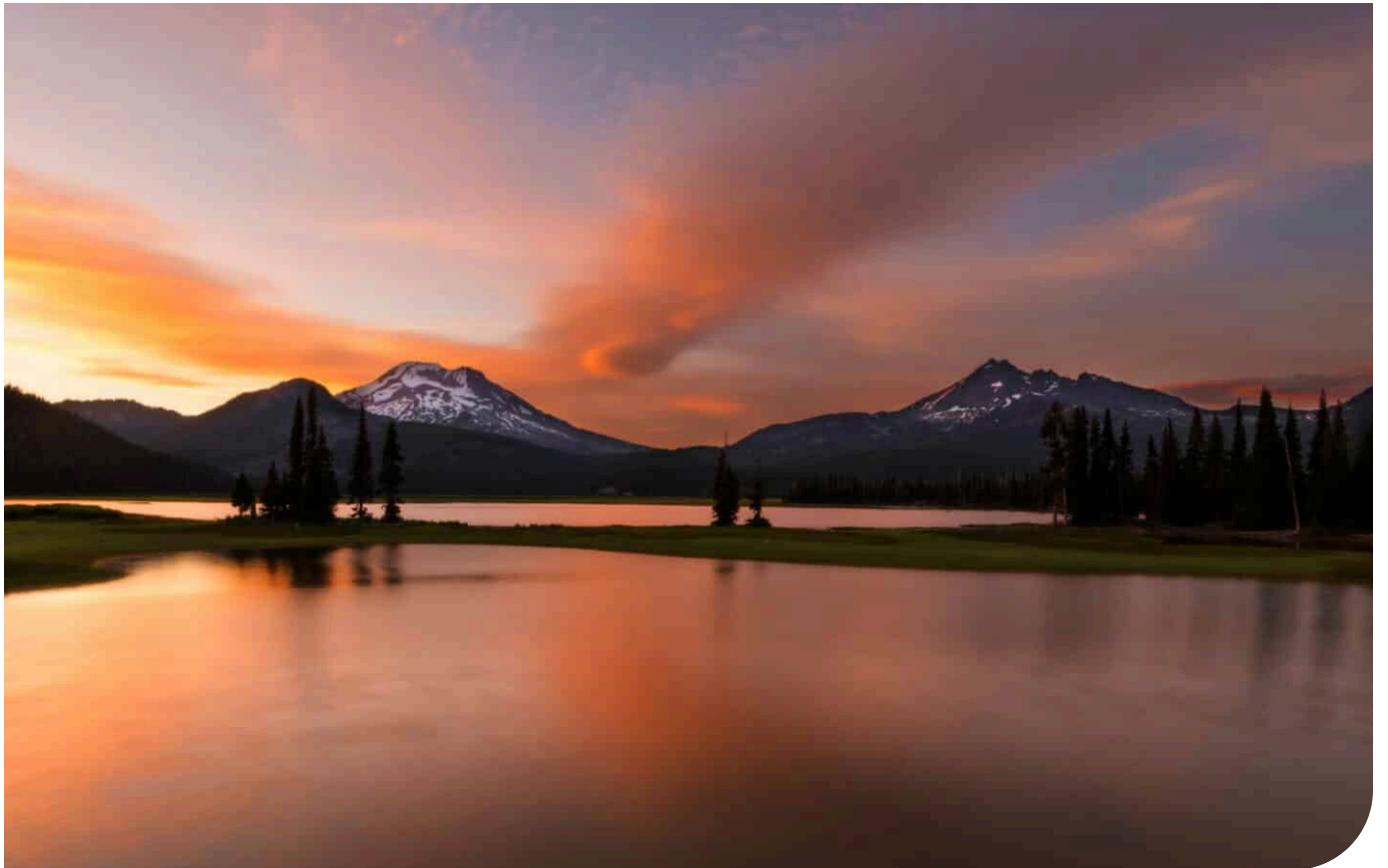
# Discover *life changing* Wellness!

## Where Healthcare Becomes YouCare

Our team has more than 30 years of experience helping patients find optimal health through root cause medicine – blending lifestyle, Naturopathic, Chinese and Functional Medicine into a truly integrative approach.

**2024 Currently – ACCEPTING NEW PATIENTS**

**SCHEDULE AN APPOINTMENT**



### INSPIRED HEALTH IN YOUR INBOX!

Join the newsletter for tips, updates, & wellness inspiration!

FIRST NAME \*

EMAIL \*

I'M IN!

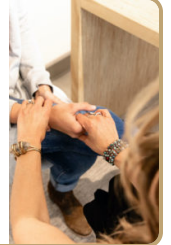
## APOTHECARY

[LEARN MORE](#)



## OUR SERVICES

[LEARN MORE](#)



## OUR TEAM

[LEARN MORE](#)



# Holistic, patient-centered solutions that inspire a healthy, vibrant life

**OUR APPROACH IS ANCHORED IN THE EIGHT PILLARS OF INSPIRED HEALTH.**

At Inspired Health we are committed to inspiring you to reach your optimal health goals by identifying the underlying root causes of symptoms through the utilization of Conventional + Functional Medicine labs and the integration of the 8 Pillars of Inspired Health.

This 360° analysis of your health guides the creation of a customized regimen specifically tailored for you, moving you along your path towards *inspired health*.



**Sunshine & Nature**



**Nutrition**



**Sleep**



**Movement & Exercise**



**Breath Practice**



**Community**



**Creativity & Play**



**Non-toxic Home**

## **LEARN ABOUT OUR 8 PILLARS OF INSPIRED HEALTH**



## **Natural Solutions, delivered to your door**

Discover medical-grade natural supplements, curated by dedicated Functional Medicine & Naturopathic physicians with more than 30 years of clinical experience.

# SHOP APOTHECARY



# Life-changing wellness empowered by Functional and Natural medicine

Our experienced team of Functional Medicine Providers and Naturopathic Doctors can treat a range of chronic diseases and ailments including:

Gut Health (GI Disorders, IBS, IBD, SIBO)

Hormone Health

Autoimmune Disease

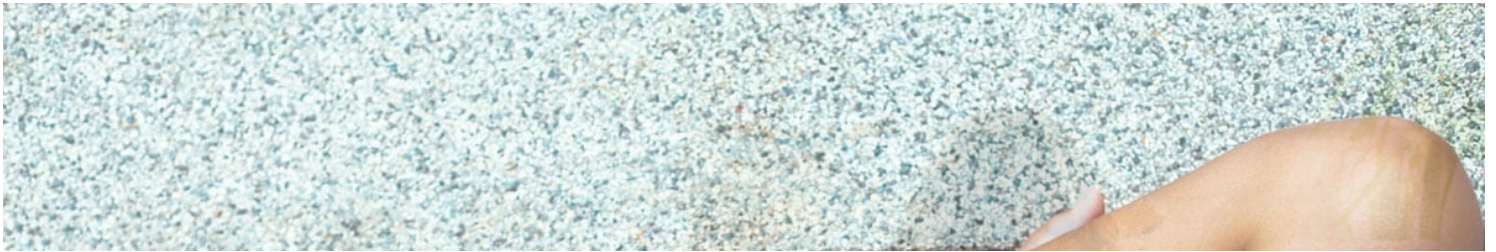
Fertility & Infertility

Pain Management

**LEARN ABOUT OUR SERVICES**







***Inspired Health Center is seeing patients in-person at our Bend, OR office and via telemedicine.***

**SCHEDULE AN APPOINTMENT**

## **CONTACT**

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## **SERVICES**

Acupuncture + Chinese Medicine  
Functional Medicine



Integrative Medicine

Telehealth / Telemedicine

## RESOURCES

Blog

Fees / Insurance

Healthcare + Wellness Referrals

Inspired Eats: Restaurant Guide

Recommended Wellness Books

Schedule an Appointment

## TEAM

Phone: (541) 312-9838

Fax: (541) 312-9839

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## APOTHECARY

[SHOP NOW](#)

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## ABOUT INSPIRED HEALTH

This is customized Integrative healthcare – designed to get to the upstream root cause. Creating lasting strategies for optimal health, and the reversal of chronic disease.

## ***WE HOPE TO TEACH AND INSPIRE YOU ALONG THE WAY.***

Dr. Wendy Weintrob and Dr. Meaghan Dishman are the co-founders of Inspired Health: Center for Integrative + Functional Medicine. They are both Functional Medicine Naturopathic Doctors and Licensed Acupuncturists, each with over 16 years in private practice. As experts in the field of Integrative Medicine they bring a unique lens to the table – combining the best of Western, Naturopathic and Eastern medicine practices.

## SPECIALTIES

Fatigue, Energy / Sleep, Weight Management, Autoimmune disease, Gut Health (GI Disorders), Fertility / Infertility, Hormone Health (Endocrinology), Integrative Medicine, Pain Management, Chronic Disease, Lifestyle Counseling and Wellness.

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